



## 1. Who are you now?

Put weight both in who you are both in your profession as well as a private person .

### What do you do, that you feel is important?

For example: work, hobby, activities ...

### Which three values are the most important for you?

For example: freedom, equality, humility, stability, successfulness, quality, loyalty, effectiveness ...

1

2

3

### What are your ambitions? What would you like to achieve?

For example: having fun, self-realization, give vent for my passion, become famous, quit working...



## 2. Who do you think you are in 5 years?

Hur tror du att det blir om allt fortgår som väntat?

### How old are you then?

### How is your situation different then?

Will everything be the same as it is today? Is something, big or small to be changed? Write down your best guess on how you think it's going to be.

### What do you wish has happened then?

In the best of worlds ...

### What do you worry about happening until then?

The worst thing that can happen is ...

### What do you expect to happen until then?

I count with ...



## 3. Your wished future

### If you got the opportunity to be a part of forming your future, how would you then want it to look?

Assume what you've written in the questions above. Think about what's realistic and how you really would like it to be in 5 years. Try to be as specific as possible. som möjligt.

### In 5 years, I will ...

For example: More or less of the things you do today, something new or something different ...

### In 5 years, I have accomplished ...

For example: goals, ambitions, and achievements ...

### In 5 years, I am...

For example: roles, characteristics, emotions ...