

- Trains
- Buses
- Parking
- Café
- Restaurant
- WC
- Outdoor toilet
- Rest area
- Wind shelter
- Campfire pit
- Water
- Bird tower
- Suitable for wheelchair
- Can be used by pram
- Information
- Hotel
- Bed & Breakfast

Hiking trail
 Lake Vänern biking trail



Photo: John Persson



1 THE IRON TRAIL

30 km - one way

The Iron Trail is a quality assured Värmland trail and takes you through historical terrain between Hytte and the guest marina in Kristinehamn. You can choose to hike shorter sections or the whole way. The trail is marked and can be hiked without a map, but we do recommend a map for more details and an easier hike.

QUALITY ASSURED VÄRMLAND TRAIL

The Iron Trail (Järnleden) is one of many quality assured trails in Värmland. It fills listed requirements such as maintenance, information in English, Swedish and German, easy to follow trail markings and contracts with landowners.

Gradings:

Easy: The trail goes on land that is generally flat or with gentle rises only. Trail surface is even, without steps or rocky areas. Footbridges are passable with prams.

Moderate: Good accessibility. All or parts of the walk are on nature trails. Gradients are not a problem for a person with normal fitness.

Difficult: Limited accessibility due to steep sections and higher gradients that require good fitness.

SECTIONS

Hytte - Bergsjötorp

Medium 5 km, 1.5-2 hours

This is an easy trail with gravel and forest paths. It takes you along the old freight route of the iron, along the canal of Norsbäcken (built 1630). The canal runs into Lake Bergsjön and the trail follows the lake. The hill at Varrvikshöjden requires some energy but after that the terrain flattens out again. At Bergsjötorpet you pass some magnificent old oak trees. You can combine this section with northbound Järnsjöleden 2 which starts at Hytte, see page 10-11.

Bergsjötorp - Niklasdamm

Medium 5 km, 1.5-2 hours

From Bergsjötorp the trail starts with a forest path. After a few kilometers you reach a rest area by a lake. It has wind shelter, a campfire pit, a flat area for a tent and a nearby outdoor toilet. You then pass a 200 m long footbridge at Bromossen and the remains of an old charcoal burner's hut. The trail continues along a gravel road and then turns into an old park, past a pond and into what once was an old English garden. At Niklasdamm there's a café (open in summer) and a geranium museum. The manor house is a private home, please show respect. Fresh water all year.